



# Around the Flag Finishing

**Level: Warm Up with Ball**

**Objective: First time finishing close to goal.**

**Organisation:**

Set out a 20x30 yard playing area. Place a flag 10 yards out from the goal. The 1st player in line A runs around the flag. The 2nd player in line A now makes a pass across the flag for the 1st player to shoot at goal. After the shot the same sequence begins from line B. The 1st player in line B runs around the flag and the 2nd player passes the ball across the flag for the 1st player to shoot. Develop by increasing the distance of where the flag is positioned. Increase the difficulty by asking players to make faster passes. You can add a challenge by players having to score a certain amount of goals within a time limit.

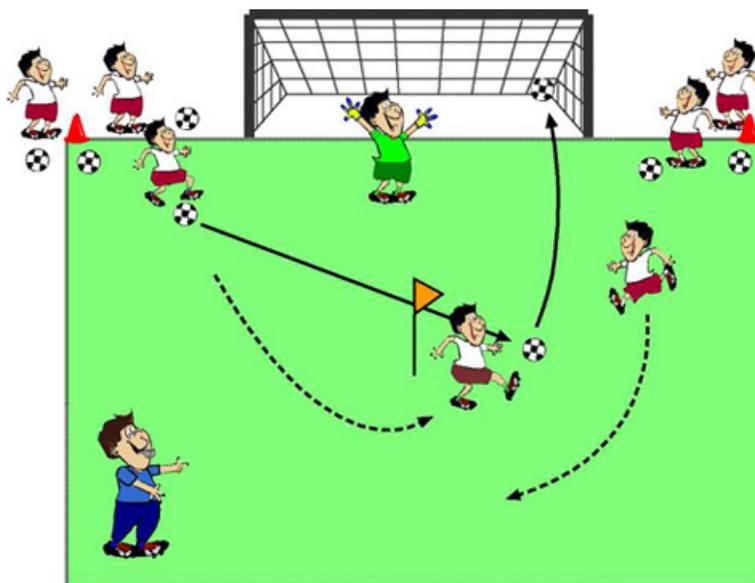
**Coaching Points:**

**1: ABCs of finishing: Adjust body; Basic technique; Cleverness inventive ways to get the ball past the keeper.**

**2: Accuracy and technique over power, aim for the corners of the goals - Time the shot**

**3: Develop the accuracy using both feet before improving the power of the strike**

**4: Inside of the foot for accuracy and laces for power**





# Flag Finishing With Crosses

**Level: Technique with Passive Pressure**

**Objective: Finishing from crosses.**

## Organisation:

Set out 50 x 30 playing area.

Place four flags in a square positioned between two goals.

Players line up at A and B and one player on each of the four flags.

Position two crossers out wide on the same side of the field.

A player from line A plays a pass to the player on flag 1.

The player on flag 1, then plays the pass out wide to the crosser.

The crosser controls the pass and plays it into the area in front of the goal for the player on flag 2 to score from.

Once a player passes the ball they then follow their pass e.g. the player at flag 1, then goes to flag 2. The player who shot goes to the back of the group playing from the opposite goal.

The crosser stays as the crosser. This cycle goes from both sides.

Therefore, at the same time group A players are going, the players from group B are going.

## Progression:

Add a challenge - the players have to score a certain amount in a designated time limit. Develop 2 or even 3.

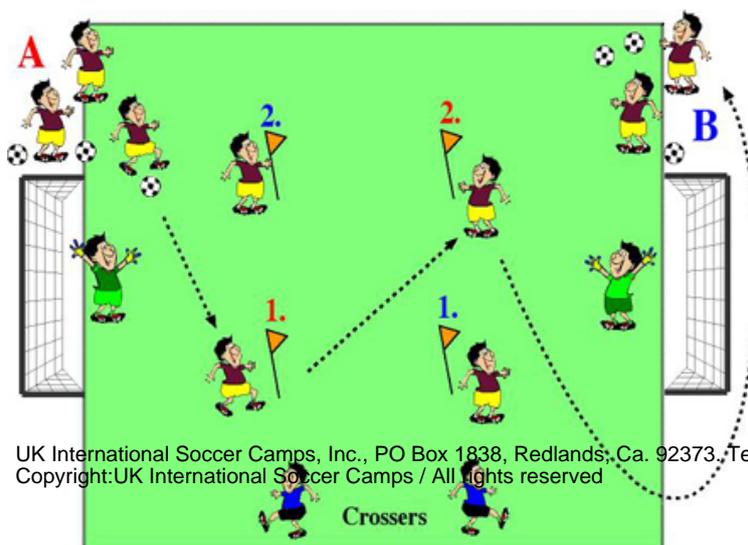
## Coaching Points:

1: ABCs of finishing: Adjust body; Basic technique; Cleverness inventive ways to get the ball past the keeper.

2: Good movement and timing. Ready to take the shot with one or two touches.

3: Accuracy before power: Build up power of strikes.

4: Anticipate: Look for rebounds off the GK.





# Finishing Inside the Box

**Level: Technique with Full Pressure**

**Objective: Short range finishing.**

**Organisation:**

*Set out a 40x30 playing area.*

*Place two goals on the side and a center line dividing the middle of the field.*

*Split the group into two teams 4 players + GK. Players should play 2v2 in each half.*

*Players should stay in their designated half. Shots can only be taken from the attacking half.*

*To progress you might have a player from defending half making a supporting run into the attacking half to create attacking numbers up.*

*To progress the drill you can also go to one touch finishing only.*

**Progression:**

*1-touch: Progress the game to one-touch only finishing.*

**Coaching Points:**

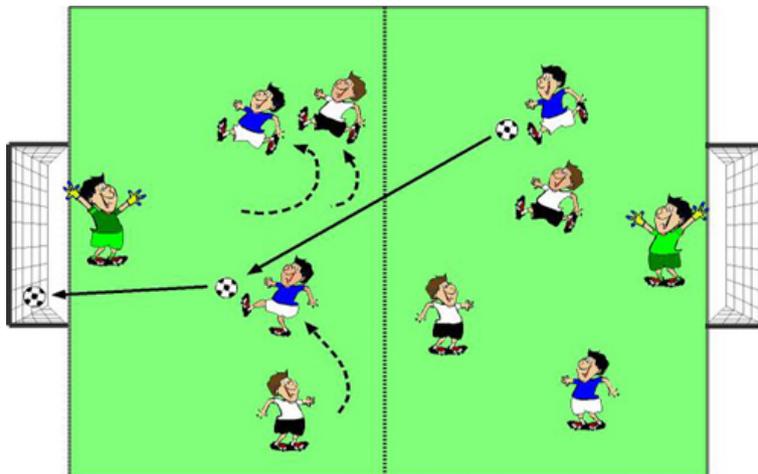
*1: ABCs of finishing: Adjust body; Basic technique; Cleverness inventive ways to get the ball past the keeper.*

*2: Shoot on sight: Remember you do not have to beat the player just create enough space for shooting opportunity.*

*3: Accuracy before power: Build up power of strikes.*

*4: Anticipate: Look for rebounds off the GK.*

*5: Create space: Width and depth to attack. This creates more space and passing / shooting options.*





# Switch to Central Goal

**Level: Small Sided Game**

**Objective: Passing to create goal scoring opportunities.**

**Organisation:**

Mark out 45x45 yard playing area. Use flags or cones to make 4 goals back to back in the center of the field. 2 keepers defend 2 goals each. Two teams attempt to score in either of their oppositions goals. The blue team is scoring in the goals right and left, the reds in the goals going up and down. With the goals being central, encourage players to spread the play and switch the ball across from one goal to the other to create shooting opportunities. Coach players to be patient with their possession and try to draw defenders to one side of the field to then attack the space at the opposite goal. Progress by allowing balls to be played over the goals to the opposite side.

## Coaching Points:

1: Accuracy before power: Build up power of strikes

2: Create space: Width and depth, interchanging position, combination play ideas.

3: ABCs of finishing: Adjust body; Basic technique; Cleverness inventive ways to get the ball past the keeper.

4: Shoot on sight: Remember you don't have to beat the player just create enough space for shooting opportunity.

5: Positive: Run at the defenders diagonally to open up space.

6: Anticipate: Look for rebounds off the keeper.

